

your initial survey was 77% which is the same as your followup score.)

Manage Negative Emotions

In any normal day we can experience an array of emotions: happiness, anger, frustration, fear, embarrassment, amusement. These emotions typically trigger responses that are either healthy or sinful. Learning to manage our negative emotions is one of the tasks that the Holy Spirit helps us with. He fosters affections of joy, peace and patience when negative emotions threaten to flood in to make us gloomy and sad (Gal. 5:22-23; Phil. 4:4-13). When we asked you about your capacity to manage your negative emotions, you scored yourself at **70%**. Compared to the larger group whose average score on this Outcome was **61%**, you fall in the 76th percentile of scores. But your personal assessment seems to indicate that you are beginning to experience success in your attempts to rein in your negative emotions. *(Your score for this outcome on your initial survey was 37% which implies a 33% improvement in your followup survey.)*

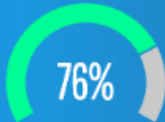
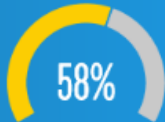
Hope for the Future

The Resurrection of Jesus is the source of our eternal hope because we see in our Lord a preview of our future! We are confident not only in our eternal destiny, but in the work of the Holy Spirit in our lives today (I John 3:1-2; I Pet. 1:3-4). Learning to live in patient faith when we don't know what the future might bring, or what could happen to us as everything around us changes, is a sign of a mature disciple of Christ (Heb. 11-12). It is easy to forget that "all things work together for good to them that love God"

**14-PAGE PERSONALIZED REPORT ON
ALL 35 DISCIPLESHIP OUTCOMES**

Share the Gospel Wisely with Others	53%	81%	28%
Fellowship of the Local Church	67%	83%	16%
Cultivate Solitude	46%	68%	21%

Personal Wholeness



Dimension Outcomes	Initial Survey	Followup Survey	Change
Positive Self-Image	47%	68%	21%
Gratitude	69%	90%	21%
Manage Negative Emotions	73%	83%	10%
Hope for the Future	62%	86%	24%
Clean Conscience	56%	73%	17%
Self-discipline	46%	70%	24%
Manage Personal Resources	54%	65%	11%

Healthy Relationships





College Assessment with Average Group scores



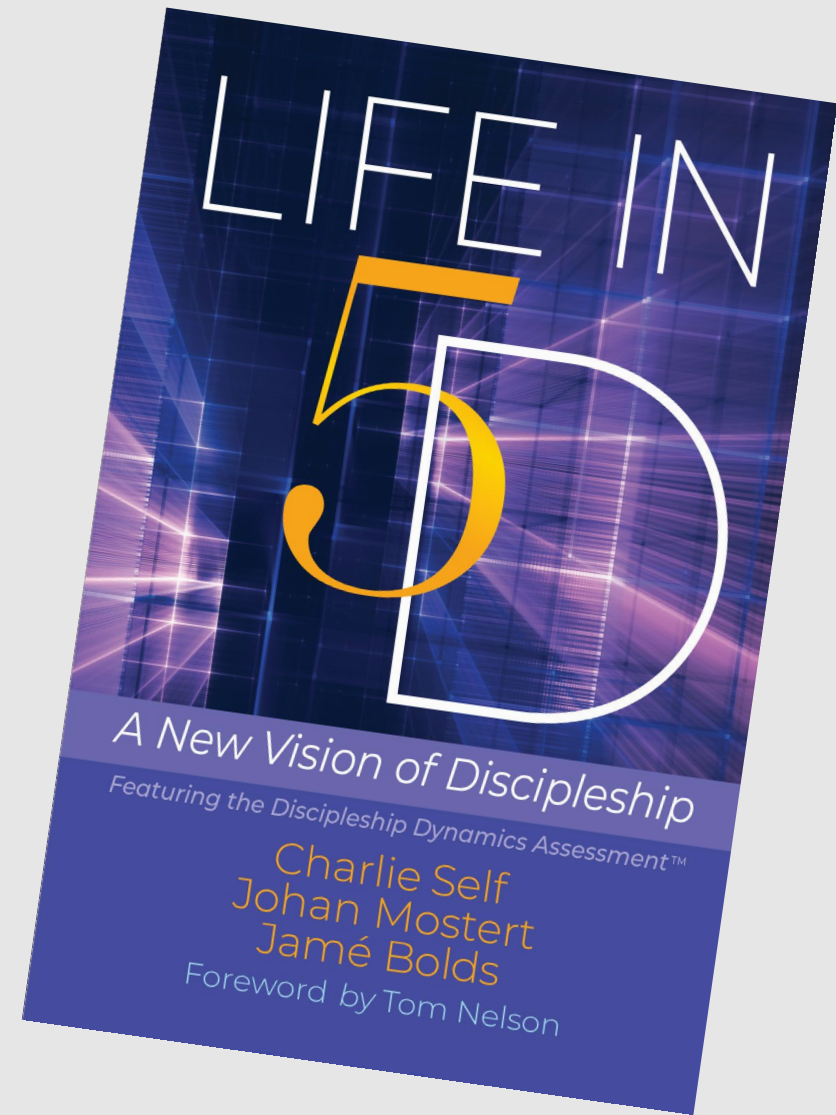
Collegiate Discipleship Dynamics Assessment

	Fall 2021 LDR1015 Leadership for Transformation	Fall 2021 MIN3216/MIN5210U	Fall 2021 Peer Mentoring for Leadership	LDR Leadership Assessment 2023-27
Spiritual Formation	53.3% 19.2 58.4% 20.3	62.2% 18.3 61% 17.2	57.6% 19.9	54.8% 19.3 58.3% 15.7
Love the word of God	52.2% 18 (468) 59.3% 20 (139)	60.3% 13.3 (26) 67% 14.5 (8)	56.1% 13.5 (15)	53.4% 19 (360) 57.2% 11.7 (6)
Pray w/o ceasing	47.5% 15.4 (468) 54.1% 16.9 (139)	51.5% 12.7 (26) 55.1% 8.2 (8)	45.4% 16.4 (15)	52.2% 16.1 (360) 57% 4.8 (6)
Listen to the Voice of God	35% 17.3 (468) 43% 22 (139)	45.2% 16.6 (26) 55.1% 15.7 (8)	40.6% 14.8 (15)	37.4% 18.8 (360) 43% 18.5 (6)
Pursue Biblical Principles for Living	65.3% 16.7 (468) 69.8% 17.2 (139)	74.5% 15.1 (26) 74.5% 18.5 (8)	75.8% 18.1 (15)	66.2% 17.2 (360) 63.3% 19.6 (6)
Work in spirit and truth	50.3% 16.6 (468)	60.1% 15.3 (26)	52.3% 13.3 (15)	53.3% 16.8 (360)



“Life in 5-D: A New Vision of Discipleship” (2024)

www.discipleshipdynamics.com



Personal reflection guidelines

How do you see your work as part of God's mission in the world?

What attitudes or practices can you change to bring a sense of worship to your work?

How can you pray for or serve your colleagues this week?

Have you experienced divine appointments at work, and how did you respond?

How does understanding work as worship change your perspective on your current role?

Bible Verses to Meditate on

Matthew 9:37-10:1: The harvest is plentiful, but the laborers are few.

Colossians 3:23: Work heartily as for the Lord, not for people.

Genesis 2:15: Work and care for the Garden.

Exodus 8:1: Let my people worship (avodah) me.

Homework Suggestion

Reflection Exercise: Write down ways your work contributes to God's mission and how you can reflect His presence.

Scripture Meditation: Meditate on Colossians 3:23, reflecting on how your work can glorify God.

Practical Challenge: Begin each workday with a prayer, dedicating your labor to God and asking for opportunities to