

# STUDENT TRANSFORMATION FORUM

## WEDNESDAY | FEBRUARY 14, 2024



### NEW RESEARCH TO UNDERSTAND AND REACH THE NEXT GENERATION OF COLLEGE STUDENTS

**PRESENTERS | DR. TODD HALL, PROFESSOR OF PSYCHOLOGY, ROSEMEAD SCHOOL OF PSYCHOLOGY | BIOLA UNIVERSITY FACULTY AFFILIATE, HARVARD HUMAN FLOURISHING PROGRAM; FOUNDER | SPIRITUALMETRICS.CO AND ABHE SENIOR FELLOW DANIEL RYAN DAY, SENIOR DIRECTOR | RECLAIM TODAY, OUR DAILY BREAD MINISTRIES FORUM SPONSOR | OUR DAILY BREAD MINISTRIES**

**Overview:** Every incoming class bears both its generational markers and the unique characteristics of its own journey. This is especially true from our post-pandemic students. Delve into what this looks like for understanding your students with remarkable insights from new national research shared by two distinguished leaders in more deeply understanding student transformation.

**7:00 – 8:00** Forum Buffet Breakfast — Regency Foyer

**8:00 – 8:15** Welcome & Introductions

### **8:15 – 9:30** SESSION 1 — UNDERSTANDING THE NEXT GENERATION: A WHOLE LIFE APPROACH

**Overview:** The importance and methodology of “whole-life” research and insights from a comprehensive study on 18-35-year-olds examining their experiences, questions, and concerns.

- ▶ An overview of the study including methodology
- ▶ How research can lead to more effective holistic well-being initiatives
- ▶ How to apply research to reach the next generation

**9:30 – 10:15** Refreshment Break — Regency Foyer

### **10:15 – 11:45** SESSION 2 — THE EMOTIONAL, RELATIONAL, AND FAITH LIFE OF GEN Z AND MILLENNIALS

**Overview:** 18-35-year-olds think and care a lot about their emotional, social, and spiritual wellbeing. We will explore research insights for each category. Explore the...

- ▶ Emotional wellbeing of 18-35-year-olds
- ▶ Social and relational wellbeing of 18-35-year-olds
- ▶ Spiritual wellbeing of 18-35-year-olds
- ▶ Applying the research to spiritual transformation and educational strategies

**11:45 – 12:00** A word from our Sponsor — Our Daily Bread Ministries

**12:00 – 1:00** Buffet Lunch — Regency Foyer

### **1:00 – 2:15** SESSION 3 — MEANING, PURPOSE, AND LIFE SKILLS OF GEN Z AND MILLENNIALS

**Overview:** A primary reason for college is to discover meaning and purpose, and to develop life-skills for future success. What are the questions, concerns, and desires of 18-35-year-olds?

- ▶ How does the next generation describe their sense of meaning and purpose
- ▶ What are the tensions they feel as it relates to finances, life-skills, and vocation?
- ▶ How can you apply the research to prepare the next generation for future success?

**2:15 – 3:00** Refreshment Break — Regency Foyer

### **3:00 – 4:15** SESSION 4 — COLLEGE LIFE AND TECH STRUGGLES OF GEN Z AND MILLENNIALS

**Overview:** There are differences between why Gen Z and Millennials want to go to college. There are also unique struggles and distractions for modern generations.

- ▶ How does the next generation describe college life and learning?
- ▶ How is access to technology and devices impacting their lives?
- ▶ What does higher education look like in a device-saturated world?
- ▶ How to help students navigate distractions for the benefits of healthy life and learning?

**4:15 – 4:30**

Wrap Up

**6:00 – 8:30**

CONNECTIONS DINNER — Ballroom B/C/D

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