

The Sullivan Spiritual Life Inventory

NAME: _____ Date: _____

What is the name of your Home Church? _____

How often are you attending your Home Church? _____

How many hours a week do you typically spend working for CBS? _____

The Goal: In all areas of my life, I am seeking to glorify God and obtain my greatest pleasure (joy) and satisfaction in Him.

- **Definition of Glory:** It is the visual or conceptual manifestation of the beauty, perfection, and excellence of the work and character of God.
- **Scriptural Support:** 1 Cor 10:31; 2 Cor 5:9; Jn 15:11; 17:13; Ps 16:11 (the opposite of glorifying God is the vanity of life in the book of Ecclesiastes and its emphasis on “vanity,” “chasing after the wind,” and the focus of life “under the sun”).

A Personal Inventory to Help Me Discern if I am Glorifying God in All Areas of My Life

Please answer all questions **prayerfully and truthfully**. Add comments or explanation in provided spaces.

1. Evaluate Your Relationship And Walk With God:

- a. **How often do you have time alone with the Lord (devotional time)?**
 - i. Less than once a week
 - ii. Once a week
 - iii. Twice a week
 - iv. Every other day
 - v. Daily
- b. **How would you describe your prayer life?**
 - i. It is cold and rare
 - ii. It is mostly when I feel a need
 - iii. It is several times a week
 - iv. It is daily
 - v. It is constant throughout each day
- c. **How often do you engage in personal study of God’s Word?:**
 - i. Rarely
 - ii. Once a week
 - iii. Twice a week
 - iv. Several times a week
 - v. Daily
- d. **How often do you have fellowship with other believers?**
 - i. I never spend time with other Christians where I discuss spiritual things, share about my life and study Scripture.

- ii. I rarely spend time with other Christians where I discuss spiritual things, share about my life and study Scripture.
 - iii. I spend time with other Christians on a monthly basis where I discuss spiritual things, share about my life and study Scripture.
 - iv. I spend time with other Christians on a bi-weekly basis where I discuss spiritual things, share about my life and study Scripture.
 - v. Every week I spend time with believers where I discuss spiritual things, share about my life and study Scripture.
- e. How often do you seize the opportunity to share Jesus with unbelievers?
 - i. I never speak to unbelievers about Jesus.
 - ii. I rarely speak to unbelievers about Jesus.
 - iii. I am burdened for the lost and I occasionally speak to unbelievers about Jesus.
 - iv. I pray about the lost often and speak to unbelievers about Jesus often.
 - v. I pray about the lost weekly and speak to unbelievers about Jesus usually weekly.
- f. Which statement below is the closest description of your spiritual life at this time:
 - i. My spiritual life is cold, I am living in disobedience against God, and I need help to change.
 - ii. My spiritual life is lack-luster (even at times cold) and I need help to change because I am losing most battles against the sinful temptations that war against me.
 - iii. My spiritual life is very average, and I need to make changes so I can grow and glorify God.
 - iv. My spiritual life is growing steadily and I can see progress that encourages me.
 - v. By God's grace, my Christian life for the most part is growing, joyful, obedient, and glorifying to God and I desire to disciple others to do the same.

Comment or Explanation:

2. Evaluate Your Marriage (if not married your singleness or courting/dating relationship)

- a. My marriage, dating relationship or singleness situation is in serious trouble and I need help to glorify God in my situation of life.
- b. My marriage, dating relationship or singleness situation is lack-luster (even at times unbiblical) and I need help to change because I am losing most battles against the sinful temptations that war against me.
- c. My marriage, dating relationship or singleness is average, and I need to make changes so I can glorify God in this area.
- d. By God's grace, my marriage, dating relationship or singleness, for the most part, is a growing, joyful, obedient, and glorifying to God and I desire to disciple others in their station of life.

Comment or Explanation:

3. Evaluate Your Role in Your Family

- a. I am failing in my biblical role in my family and I need someone to come alongside to give me help and hope at this time.
- b. I am inconsistent in my biblical role in my family and I need some help to make it biblically sound and glorifying to God.
- c. I am consistent most of the time in my biblical role in my family, but I still need prayer and wise counsel to glorify God in this area.
- d. By God's grace, I am very consistent in my biblical role in my family and I desire to help others to glorify God in their situation.

Comment or Explanation:

4. Evaluate Your Ministry

- a. I am not involved in ministry and I need someone to help me re-engage in ministry.
- b. I am struggling in my ministry and I need someone to give me counsel and encouragement in this area.
- c. My ministry is mostly progressing and fruitful, but I still need prayer and wise counsel to glorify God in this area.
- d. By God's grace, my ministry is going very well and I desire to help others to glorify God in their ministry.

Comment or Explanation:

5. Evaluate Your Use of Electronics (TV, podcasts, watching movies, social media, games, internet surfing, etc.), Leisure time, and Hobbies

- a. My use of electronics, leisure times, and hobbies is not connected to biblical principles, often harmful to my spiritual life and I need help in these areas.
- b. Sometimes my use of electronics, leisure times, and hobbies is not connected to biblical principles, harmful to my spiritual life and I need help to change in these areas.
- c. Most of the time my use of electronics, leisure times, and hobbies is biblically sound and helpful to my spiritual life, but I still need prayer and wise counsel to consistently glorify God in these areas.

- d. By God's grace, I am diligent to use electronics, leisure times, and hobbies in ways which glorify God and I desire to help others glorify God in these areas.

Comment or Explanation:

6. Evaluate Your Other Relationships (friends, people at work, neighbors, family, acquaintances)

- a. I am not involved with other relationships, have a tendency to be isolated and I need help in this area.
- b. I am too involved in other relationships that draw me into activities which are hindering my spiritual life, and I need help in this area.
- c. I am involved in other relationships and I seek to keep a good balance of outreach but not fall into temptation, but I still need prayer and wise counsel to consistently glorify God in this area.
- d. By God's grace, I usually keep a good biblical balance with other relationships, and I desire to help others in this area to glorify God.

Comment or Explanation:
