Recovering the Leader’s Sense of Self

Dr. Lane Cohee
Assoc. Professor of Management
Senior Fellow of Biblical Leadership
Palm Beach Atlantic University

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The new boss walks into the conference room...
The stories of John, Susan and Randy
EQ to the rescue (or not)
The “Big Three”

Shame

Validation

Pride
This may be a particular problem for leaders.
Ultimately it is all about our sense of self
Two words—and a lifetime—that can change everything
The freedom to lead comes when

- We don’t need to prove ourselves because *in Christ* we’re already approved
- We don’t need to overpower people because *in Christ*, God is our strong tower
- We don’t need to fear others because *in Christ*, God is the strength of our heart
- We don’t need to constantly “add value” because *in Christ*, we are eternally valuable
- We don’t need to constantly seek attention because *in Christ*, God always delights, rejoices, and smiles on us
- We don’t have to always be right, always be smarter, always be in charge, and always be accomplished because *in Christ*, we are highly esteemed
Closeout exercise

- What are your bad leadership behaviors? When do they tend to show up? Do they relate to your personal message of shame, pride, and need for validation?
- Write your own identity messages—both personally and as a leader
  - Continue to refine them over time
  - Commit to ruminating on them every day, and invite them into all of your leadership experiences